

TOBACCO CESSATION

Crown offers various resources to support its employees and their family members who wish to quit using tobacco.

The Prescription Drug Program provides tobacco cessation products **at no cost to you**.

In order to obtain any of these products using the Prescription Drug Program, you must have a prescription from your physician – **even for over-the-counter products**. Present the physician's script and your CVS/Caremark card to the pharmacist at the time of purchase.

100% covered over-the-counter alternatives:

- Generic Nicotine Patches
- Generic Nicotine Gum
- Generic Nicotine Lozenge

100% covered prescription medications:

- Nicotrol Inhaler or Nasal Spray
- Bupropion (generic Zyban)
- Chantix

Tobacco cessation medications or over-the-counter products not listed above are not covered under the Prescription Drug Program. Free tobacco cessation products have a 168 day supply limit per year.



NEED ADDITIONAL ASSISTANCE?

Call Optum at 800-255-3081

Quitting smoking or other tobacco use is a difficult personal journey. Optum offers free resources and support to Crown employees and their families through the Employee Assistance Program. They can help employees or family members reach their goal of being tobacco-free¹.

Tobacco cessation programs are available through local agencies or online to help you quit. An Optum WorkLife Specialist can help you find the appropriate resources in your area that meet your needs.

To learn more, please contact an Optum WorkLife Specialist at **866-248-4096** or visit **liveandworkwell.com** with company access code: **crown**. Self-help tools and other resources on tobacco addiction can be found under the Mind & Body section of the site.

MEDICAL PROGRAM TOBACCO SURCHARGE

Employees or spouses who are tobacco users will pay a surcharge for coverage under the Crown Medical Program. If someone is a tobacco user, this surcharge may be waived if an approved tobacco cessation program is completed².

A program must meet the following criteria to qualify you for a waiver of the tobacco surcharge:

- It must be at least six weeks in duration with participation required at least weekly.
- It must be a program focused on tobacco cessation.
- A certificate of completion must be provided.
- The program may be either in-person or online.

The American Lung Association's Freedom from Smoking Program is ranked as one of the most effective programs in the country and offers assistance in a variety of formats. If you complete this program, Crown will reimburse you the cost of the program³. You may learn more at <http://www.lung.org/stop-smoking/join-freedom-from-smoking/> or you may contact Optum with questions.

¹ Any information provided through this program is for educational purposes only and does not replace the care you receive from your doctor. You should always check with your doctor before following any medical advice.

² The tobacco surcharge is waived going forward after an approved cessation program is completed. The waiver continues through the end of that year. You will be required to re-certify your tobacco use status during the next open enrollment period.

³ To be reimbursed, a certificate of completion and proof of payment must be submitted to the Corporate Insurance Department.